

What to Pack for Colorado

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****CHECK BACK - THERE MAY BE ADDITIONS!****

1. Your new kit - Don't forget you new kit!
2. Cleats
3. Mouthpiece
4. Whatever else you like to wear playing rugby
5. Sunscreen
6. A towel for your post practice shower
7. a plastic bag for your dirty clothes
8. hygiene stuff – toothbrush, deodorant PLEASE!
9. Khaki slacks
10. Khaki shorts – bring 2 pair if you have them
11. Extra socks
12. Clean tennis shoes – dress shoes also if you so wish
13. Swimsuit – bring it to the pitch! Plano mom request.
14. Extra shorts for lounging
15. Extra t-shirts
16. Sleeping clothes

Documents

1. Drivers license or
2. Passport or
3. Photo ID and birth certificate
4. Insurance card
5. Waiver Release of Liability Form - filled out (see **Required Medical Forms**)
6. Consent to Treat form - filled out (see **Required Medical Forms**)